

Greece on target to
tackle deficit

pg 2

AAA with some important
travelling tips for the
holidays

pg 3

Worldcup coverage
pg 15 & 16

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Tuesday, July 6, 2010

THE MORNING NEWS

Your Source for Local News in English

Caya G. F. Betico Croes 111 - Tel: 588-9517 - Fax: 588-9518 - E-mail: themorningnewsaruba@gmail.com

Venezuelan Consul and expatriates on Aruba celebrate their Independence Day



Dignitaries at the ceremony



Venezuelan Consul Fuenmayor with Aruba Lieutenant Governor Tromp-Yarzagaray

July 5 marks the day when a statement was adopted by a congress of Venezuelan provinces in 1811 declaring independence from Spanish rule. Venezuelan expatriates on Aruba and island dignitaries, including Aruba's Lieutenant Governor Ella Tromp-Yarzagaray, joined Venezuelan Consul General Dr. Jesus Javier Arias Fuenmayor at the Center Bolivariana in Oranjestad yesterday morning to mark the occasion of their Independence Day.

The official observance of the day began in the shadow of the impressive statue of Latin America's great liberator, Simon Bolivar. It was a simple tribute, with the placing of commemorative wreaths from various groups. A gala celebra-

tion took place last night in the Occidental Grand Resort.

Bolívar, born in Caracas on July 24th of 1783, was of Basque descent and a member of the local aristocracy. His father died when Simon was three, and his mother nine years later. Raised by relatives, he formed a deep friendship with Don Simon Rodriguez, a teacher and proponent of social reform, which would have a profound influence on Bolívar's life. Don Andrés Bello, whose teachings would also contribute to Bolívar's developing humanist philosophy, also tutored him in his youth.

Simon Bolívar established himself in Europe after a one-year marriage at sixteen that ended with the death of his wife due to illness. He fer-



Hubert Falcon on behalf of the Venezuelans living on Aruba

vently pursued his studies and an active social life in Paris, but was reunited with his old friend and tutor Don Simon during that time. While on a trip together to Rome, the young Bolivar swore an oath "that he would not allow his arm to rest nor his soul to die until he had realized his dream of liberating the South American world from Spanish dominion."

The war for the emancipation of Venezuela was fought from 1811 until 1823, with a civil war following between those wanting independence and royalists' faithful to Spain. July 5 is the anniversary of the declaration of independence in 1811, making it the first South American nation to declare in-



For the Aruban Government Minister Richard Visser and Angelique Petersen

dependence from Spain. Finally, independence was officially achieved in 1830 after many bloody battles and great sacrifice. Simon Bolivar is also considered the liberator of Colombia, Panama, Peru, Ecuador, and founded the nation of Boliva. On December 10, 1830, in Cartagena, Colombia, Bolivar made his last public proclamation, which is considered his political testament. Death caught him by surprise one week later, after a life devoted to achieving freedom for his compatriots. His mortal remains, brought to Venezuela with great pomp in 1942, now lie in the National Pantheon in Caracas.

Placing a wreath on behalf

of the Aruban Government was Minister of Public Health and Sport, Richard Visser, accompanied by Angelique Petersen. On behalf of Aruba's Parliament, Vice-Chairman Chris Dammers and Secretary Jacqueline Bastiaan placed a wreath. Consul Fuenmayor and his wife, accompanied by consulate staff placed the next wreath on behalf of their homeland, followed by representatives for the Venezuelan Institute for Culture and Cooperation, Consulate of Colombia, and Consulate of the Dominican Republic. Hubert Falcon placed a wreath on behalf of expatriate Venezuelans on Aruba, followed by the Association of Friends of Colombia.

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Netanyahu leaves for White House meeting with Obama

TEL AVIV, Israel (AFP) - Israeli Prime Minister Benjamin Netanyahu left for Washington on Monday for a White House visit with President Barack Obama, said an AFP correspondent who witnessed the departure.

The meeting today is expected to be an occasion for the two leaders to put behind the tensions from their last meeting in March.

The two countries are strategic allies, but the privileged relationship has been jarred by Israel's continued settlement-building in the West Bank and annexed Arab east Jerusalem.

Obama wants the Israeli leader to extend a West Bank settlement freeze due to expire in September, while right wingers in his ruling coalition fiercely oppose any further moratorium.

Also on the agenda will be Israeli-Palestinian peace talks, Iran's nuclear ambitions and Gaza, where Israel has eased a four-year blockade following pressure after its

deadly raid on an aid flotilla that killed nine Turks, one of them with US nationality.

When Netanyahu and Obama last met in March, the Israeli leader was reportedly chastised by his host and denied the privileges customarily granted to foreign dignitaries, even the ritual handshake photo.

It was an expression of Washington's ire at Israeli plans to build 1,600 Jewish homes in annexed east Jerusalem, announced during a trip to Israel by US Vice President Joe Biden in a move which Washington called "insulting."

This time around, the temperature in the White House is likely to be warmer, with all the usual niceties observed.

Before leaving Tel Aviv, Netanyahu met with several ministers from his party to brief them about the messages he intends to convey during his White House visit, public radio reported.

Power outage plunges Toronto, visiting Queen, into darkness

OTTAWA, Canada (AFP) - An explosion at a Toronto power facility on Monday plunged Canada's largest metropolis into darkness, and disrupted a state dinner for Queen Elizabeth II.

The blackout hit at about 5:30 local time (2130 GMT), affecting the city's subway, several commuter trains and traffic lights at the height of the evening rush hour, said public broadcaster CBC.

Some 250,000 people were also without electricity amid an extreme heat alert, it said. Temperatures in the city hit 34 degrees Celsius (93 Fahrenheit).

The queen, at the end of a

nine-day trip to Canada with her husband, Prince Philip, was to attend a state dinner hosted by Prime Minister Stephen Harper at the Royal York Hotel in downtown Toronto, but the hotel was without power.

A Toronto Hydro spokesperson told AFP the outage was caused by a "transmission related issue" and that a related fire at a Toronto substation had been put out.

As she spoke, power started coming back on in parts of the city.

Hydro One was not immediately available to comment on the transmission woes.

The Netherlands begin new coalition negotiations



Dutch Liberals leader Mark Rutte (L), Christian Democrats leader Maxime Verhagen (C) and far-right frontman Geert Wilders (R) talk to the press in the parliament in The Hague

THE HAGUE, The Netherlands (AFP) - Dutch politicians began fresh negotiations yesterday with a view to establish a four-way coalition government between the Liberal, Labour, Green parties and centrists, an official source said.

Queen Beatrix had asked advisors Uri Rosenthal and Jacques Wallage to look into the "rapid establishment" of a four-way coalition government, the royal press service said in a statement.

The formation of such a coalition had been shelved on June 22, but new discussions have taken place since, overseen by politician and royal advisor Tjeenk Willink.

In his report to the queen Monday, Willink said the four-way coalition

government "has the greatest legitimacy according to the elections".

The coalition would not include the far-right, anti-Muslim Party for Freedom, which came third in the parliamentary elections on June 9.

The Liberal Party took 31 seats in the vote, followed closely by Labour with 30 seats, the Party for Freedom took 24 seats and the Christian Democratic Party were pushed to

fourth place with 21.

The Socialist Party came fifth with 15 seats, and the centrist and green GroenLinks both took 10 seats.

A tie-up between Mark Rutte's Liberal party with Wilders' Party for Freedom, had been floated but scrapped on June 12.

Coalition negotiations, which analysts expect to be long and complex, could take weeks even months.

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AAA with some important travelling tips for the holidays



ORANJESTAD- This year again Aruba Airport Authority N.V. (AAA) foresees a busy holiday season where many passengers will be using the many facilities of the airport during the holiday season.

The following advices will contribute to making the departure process as efficient as possible, without forgetting any security aspects.

Tips for travelling during the holidays:

- When planning your trip
- Check if your passport and the passports of those who are travelling with you as well are valid
- Persons with a stay-over permit have to check if their permit is valid
- If you are travelling with minors, they will need their parents' permission to do so.
- Prevent luggage damage
- Don't lock your luggage. Preferably use tie-wraps, to make the luggage more accessible for luggage control
- Be at the airport on time

- For sure during the busy holidays, all passengers have to be 3 hours prior their flight at the airport to have sufficient time to go through the check-in process, access control, immigrations and screening. This is the only way to guarantee that you will reach your flight on the stipulated time.

- Prevent towing fees
- Prevent having to pay high towing fees by parking in the parkinglot. All vehicles parked in front of the terminal of the airport will be towed for security reasons and all the costs involved will be at the owner's expense.
- Dress properly for travelling
- Limit the use of jewelry and metal articles
- Use shoes that are easy to take off and put on
- If you're travelling with your Laptop
- Remember to take your laptop out of its case for it to be revised
- Don't forget about the liquids, gel and aerosole restrictions
- Each passenger is al-

lowed to travel with only one transparent plastic bag (zip lock) containing bottles of maximum 3 ounces of liquid, gel and aerosole. The bag has to be 1/4 size.

- These restrictions are only for handluggage. Liquids are allowed in carry-ons.

- Prior screening
- Remember to put all permitted liquids in a bag in the container

- Be sure to empty your pockets (pants, skirts and shirts) f.i. keys, cellular phones, glasses.

- Take off shoes, belts, hats, slippers and put these in the container

- If you have a vest or jacket please remove these and put them in the container

- Laptops and other big electrical appliances must be removed from your hand luggage for revision

- Follow instructions given by the screener

- After screening
- Remember to revise your belongings and make sure to gather everything that went through screening

Those that travel to the US must bare in mind that after passing through local immigrations and screening, to pick up their luggage and pass through US control prior boarding their flight ("US Pre-clearance"), remember that this process takes its time as well.

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Minister Michelle Hooyboer-Winklaar submits official petition to: Include Arikok National Park on UNESCO's "World Heritage List"



Recently, Minister of Economic Affairs, Social Affairs and Culture, Michelle Hooyboer-Winklaar submitted an official petition to UNESCO to include Aruba's Arikok National Park on the World Heritage List.

The petition was submitted to the Dutch Minister of Culture, who's ministry is in charge for the screening of all petitions. As consequence, the ministry sent Mr. Marcel Barnard for a inspection visit and to talk with, among others, Minister of Tourism Otmar Oduber who is in charge of the Arikok National Park and the Archaeological Museum, Minister Hooyboer-Winklaar and the board of directors of the park.

Mr. Diego Marquez, who functioned as guide, gave Mr. Barnard a tour in the park, showing him all our natural and historical treasures. The Dutch counselor was very impressed with the good maintenance of the park and with the plans for its future

Minister Hooyboer-Winklaar stated to be very satisfied with this visit and

expressed the hope that Aruba be included on the list. "This builds a lot of opportunities for the park's future," she said.

She also informed to the Dutch government representative that she wants to include our authentic local music, the 'Dande' on the "World Heritage Non-Tangibel" list.

Soon the different sites of the Arikok National Park will be registered on the official monument list as well as different other sites on Aruba, like Casibari, thus preserving them for our future generation

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DarNel and David celebrate their perfect wedding ceremony at the beautiful beach at Divi Hotel



DarNel Bowden and David Bates of Pittsburgh, Pennsylvania first met when David

started working for the same company as DarNel. Their interest in each other began

from the first moment they saw each other, and they dated for about two years. After a few dates they knew that marriage was in the future and talked about a special, unique destination wedding, small and intimate. After they got engaged on April 10th of this year, they planned their wedding/honeymoon trip to Aruba's Tamarijn Hotel. They got in touch with photographer, Diane Keijzer, to capture their dream come true ceremony on Friday July 2nd, from getting ready in the room, to walking down the beautifully decorated beach aisle, up to the blessing ceremony on Divi Hotel's pristine beach just before sunset, followed by their private dinner for two on the beach at the Divi Phoenix's Sunset Bistro. Every detail was perfect, thanks to Lourraine and her assistant at Aruba's Weddings For You.

Congratulations and we look forward to seeing you again next year.

Photos by Diane Keijzer

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Kite surfing or kiteboarding is a surface water sport that uses the wind to pull a rider through the water on a small surfboard or a kiteboard (similar to a wakeboard). Generally kiteboarding refers to a style of riding known as freestyle or wake-style, where-as kitesurfing is more "wave-riding" oriented. These two styles usually require different boards and specific performance kites.

A kitesurfer or kiteboarder uses a board with or without foot-straps or bindings, combined with the power of a large controllable kite to pro-

pel the rider and the board across the water. In 2006, the number of kitesurfers has been estimated at around 150,000 to 210,000, with 114,465 inflatable kites sold that same year.

Since then, they have gotten more than 5,000 visitors and locals hooked on this new adrenaline rush sport. Their years of experience, the trade winds on the island, the beautiful Caribbean Sea and the latest equipment make it an ideal and safe place for anyone to learn to kite. Kite-surfing is a hybrid of wakeboarding, hand-gliding and windsurfing for a radical new approach of kite power.

Anyone between the ages of 8 and 77 can enjoy this sport. So don't hesitate to call Armando or visit him at the



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Aruba's Sarah Quita Offringa crowned world champion once again in Lanzarote in the PWA World Tour



Offringa is crowned world champion once again whilst 'Golito' busts out his best moves to bounce back to the top

After four days of testing conditions in the perfect freestyle playground of Lanzarote, three times world champion Jose 'Gollito' Estredo (Fanatic, North) and two times world champion Sarah-Quita Offringa (Starboard, Vandal) raise the silverware at the first stop of the PWA Canaries tour.

The Queen Of Freestyle

No one ever doubted that the two times freestyle world champion, Sarah-Quita Offringa (Starboard, Vandal) would let her guard down and allow another competitor to pass. The young Aruban flew through her early heats with ease, and claimed her place in the winner's final after out styling Swiss freestyle flavour, Laure Treboux (Fanatic, North).

Sarah-Quita had a double celebration as the 4th of July was also her BD.

However, facing Venezue-

lan Yoli Freitas De Brendt (Fanatic, North) in the final was not such a walk in the park. De Brendt had seriously stepped up her game, and was flying round tricks such as spock 540s and flakas right on cue. The heat was close throughout, but the world champion pulled out all of the stops in the second half, with a switch chachoo, one-handed spock 540, and a flaka diablo, putting to rest any thoughts of De Brendt becoming world champion.

The intense week of



world-class competition began with the wind refusing to blow on the opening day of competition for the forty-four professional sailors that congregated in Costa Teguse to battle it out at the Lanzarote World Cup.

On day two the bay became a freestyle Mecca allowing the heats to commence in perfect 15-20 knot winds. After a full day on the water the first round had almost drawn to a close, with just the finals left to run.

Day three proved to be a bit of a tease, with only enough wind to finish one heat. But, at least the thirty-five men were one step closer to finishing the single elimination.

On the final day the competitors awoke to a constant breeze allowing the heats to

run on time, and the single elimination to draw to a close. By the end of the morning the champions had been crowned, but they had to wait the entire afternoon before they could celebrate. With just enough wind to start the double, Estredo and Offringa endured a nail biting few hours before the competition was eventually cancelled.

Results

Women

1st Sarah-Quita Offringa (Starboard, Vandal); 2nd Yolanda Freitas De Brendt (Fanatic, North); 3rd Laure Treboux (Fanatic, North)

Men

1st Jose 'Gollito' Estredo (Fanatic, North); 2nd Kiri Thode (Starboard, Gaastra); 3rd Tonky Frans (F2, Gaastra)

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PG	THE LAST AIRBENDER			
NEW	daily:	4:30	6:30	8:45
	matinee: 12:00	2:15	late show: 11:00	
PG-13	THE TWILIGHT SAGA: ECLIPSE			
NEW	daily:	5:45	8:30	
	matinee: 12:00	3:00	late show: 11:15	
PG	THE KARATE KID			
	daily:		6:00	9:00
	matinee: 12:15	3:15	late show: 11:45	
PG-13	GROWN UPS			
	daily:	4:45	7:00	9:15
	matinee: 12:00	2:30	late show: 11:30	
PG	TOY STORY 3 3D			
	daily:	4:15	6:45	
	matinee: 1:45		late show:	
PG-13	THE A-TEAM			
	daily:		9:15	
	matinee:		late show: 12:00	
PG	MARMADUKE			
	daily:	5:00	7:15	
	matinee: 12:30	2:45	late show:	
PG-13	PRINCE OF PERSIA			
	daily:		9:30	
	matinee:		late show: 12:00	

AT PASEO HERENCIA

PG	THE LAST AIRBENDER			
NEW	daily:	4:45	7:00	
	matinee: 12:15	2:30	late show:	
PG-13	THE TWILIGHT SAGA: ECLIPSE			
NEW	daily:	5:30	8:30	
	matinee: 12:00	2:45	late show: 11:15	
PG-13	KILLERS			
	daily:	5:00	7:15	9:30
	matinee: 12:00	2:30	late show: 11:45	
PG-13	THE A-TEAM			
	daily:		9:15	
	matinee:		late show: 11:45	
PG	KNIGHT & DAY			
	daily:	4:00	6:30	9:00
	matinee: 1:30		late show: 11:30	
PG	THE KARATE KID			
	daily:	6:00	8:45	
	matinee: 12:00	3:00	late show: 11:45	
PG	TOY STORY 3 3D			
	daily:	4:15	6:45	
	matinee: 1:45		late show:	
R	GET HIM TO THE GREEK			
	daily:		9:15	
	matinee:		late show: 12:00	

KNIGHT AND DAY- Action/Comedy

June Havens (Diaz) finds her everyday life tangled with that of a secret agent (Cruise) who has realized he isn't supposed to survive his latest mission. As their campaign to stay alive stretches across the globe, they soon learn that all they can count on is each other.

Science/Tech

Which plastics are safe to put in the microwave?

With all of the warnings about the dangers of plastics in the microwave, along with the many plastics available today, it's no wonder consumers would be confused about what to and what not to zap in the kitchen.

The easiest way to figure out if a plastic container is safe for the microwave is to look for the Microwave Safe symbol. This stamp of approval, which includes three wavy lines to symbolize radiation, basically says that the container can withstand the heat of the microwave with-



out melting or releasing harmful amounts of chemicals.

Microwave-safe containers go through stringent FDA testing to ensure that, at temperatures reached in the microwave oven, the amount of chemicals that leach out of the plastic is no more than 100 to 1,000 times less than the amount shown to harm lab animals.

Unlabeled plastic containers aren't necessarily unsafe for the microwave. But the lack of label just means that these plastics haven't gone through the battery of tests required to ensure microwave safety. Because there's no way to tell if these containers can hold up to microwave heat, it's best not to use them in the microwave.

And while some containers are labeled with plastic type, such as PET (polyethylene terephthalate), this doesn't give you enough in-

formation to determine if it's microwave-safe. For example, some PET containers are safe for the microwave while others are not.

Below is a list of tips from The Harvard Medical School to guide you in using plastics in the microwave:

- Most take-out containers (like the ones used to carry home your favorite Chinese meal), water bottles, and plastic tubs made to hold butter, cream cheese and yogurt are not microwave safe.

- Microwaveable take-out containers designed for one-time use should not be re-microwaved.

- Plastic storage bags (except those labeled as Microwave Safe) and grocery bags are not recommended for the microwave.

- When using plastic wrap to cover a food dish, make sure it's not touching the food.



TEHRAN (AFP) – Iran has developed a new human-like walking robot to be used in "sensitive jobs," government newspaper Iran reported this past weekend.

Surena-2, named after an ancient Persian warrior, was unveiled by President Mahmoud Ahmadinejad on Saturday. It is 1.45 metres (4.7 feet) tall and weighs 45 kilograms (99 pounds), the report said.

"Walking slowly like human beings with regular arm and leg movements are among its characteristics," it said. "Such robots are designed and developed to be used in sensitive and difficult jobs on behalf of a person or as help."

The report did not elaborate on the robot's capabilities.

Iran has pursued a number of scientific projects in recent years such as cloning, stem cell research and satellite technology while it has come under increasing international pressure over its controversial nuclear programme.

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HEALTH

Children, elderly need protection from soaring temperatures

With summer in full swing, researchers caution that children and the elderly, in particular, need protection from extreme heat, humidity and other seasonal hazards.

Among other things, parents should never leave children alone in a car or near a pool or any other body of water, and the elderly should be checked up on twice daily for signs of heat-related illness, according to experts from the University of Medicine and Dentistry of New Jersey-School of Osteopathic Medicine, who have issued a series of hot-weather safety tips.

"It's always dangerous to leave a child in a parked car, even for a few minutes," Dr. Martin Finkel, co-director of the university's Child Abuse Research and Education Services (CARES) Institute, said in a news release from the university.

Even with windows that are cracked open, in hot weather car interiors can heat up nearly 20 degrees in just 10 minutes and 30 degrees in 20 minutes, Finkel noted. Exposure to such temperatures

can leave children at risk for brain and organ damage.

"If you accidentally leave a child in a hot, parked car and return to find that child asleep, don't assume he or she is taking a nap," he said. "You could be seeing signs of heat exhaustion or serious heat injury. Remove the child from the car immediately and call 911 if the child is unresponsive."

In the same news release, Dr. Thomas Cavalieri, founder of the New Jersey Institute for Successful Aging and the dean of UMDNJ-SOM, stressed that seniors may be even more vulnerable to soaring temperatures.

"Forty percent of all heat-related deaths occur in people aged 65 or older," he noted. "Many older individuals have medical conditions that increase the dangers of hot weather. Their bodies are slower to adjust to temperature changes and they may have a diminished thirst reflex that keeps them from drinking adequate amounts of liquid. Some individuals may [also] have safety and financial concerns that keep them

behind locked doors and windows without fans or air conditioners."

Both researchers caution that children dehydrate faster than adults, and should drink lots of water in hot weather, while the elderly need to drink plenty of non-caffeinated fluids and dress in clothing appropriate for hot weather.

If possible, the elderly should not be left alone in non-air-conditioned spaces

on hot days, add researchers, who advise relatives and neighbors to offer to sit with elders near an open window or take them to an air-conditioned place until things cool down. They should also be checked twice a day for signs of heat exhaustion, including heavy perspiration, dizziness, weakness and nausea. Heat exhaustion is treated at home with rest, cool clothes applied to the skin, and the drinking of cool water every 10 to 15

minutes. If symptoms don't improve, seek medical help immediately, researchers advise.

Heat stroke -- a potentially life-threatening condition -- can cause the same symptoms without perspiration, including dizziness, fainting, nausea, staggering, and/or confusion. Researchers stress that if you suspect heat stroke, you should call 911 or emergency services for immediate help.

Sugar, Not Just Salt, Linked to High Blood Pressure

Eating too much sodium can push your blood pressure into the danger zone. Now, researchers are reporting that eating too many sweets—or drinking too much soda—may have a similar effect.

People who consume a diet high in fructose, a type of sugar and a key ingredient in high-fructose corn syrup, are more likely to have high blood pressure (hypertension), according to a new study.



Drinking 2.5 cans or more of non-diet soda per day—or consuming an equivalent amount of fructose from other foods—increases your risk of hypertension by at least 30%, the study found. What's more, the increased risk appears to be independ-

ent of other dietary habits, including sodium, carbohydrate, and overall calorie intake.

The study, focused on foods containing high-fructose corn syrup and other added sugars, such as soda, fruit punch, cookies, candy, and chocolate. (Although fructose occurs naturally in fruits, the researchers excluded them because they contain other nutrients that are difficult to measure.)



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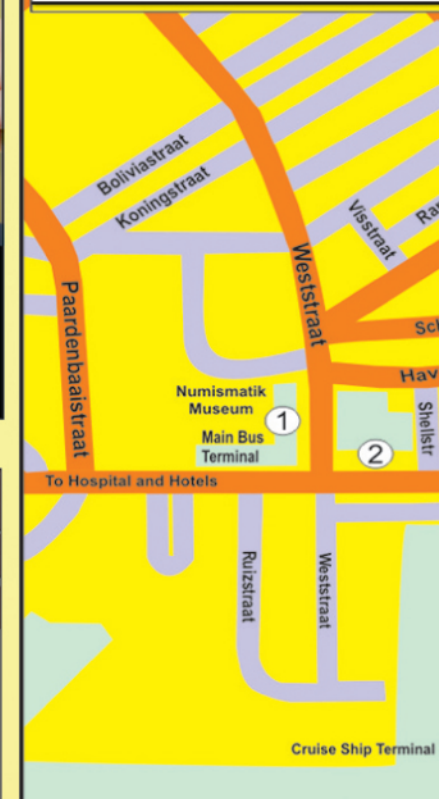
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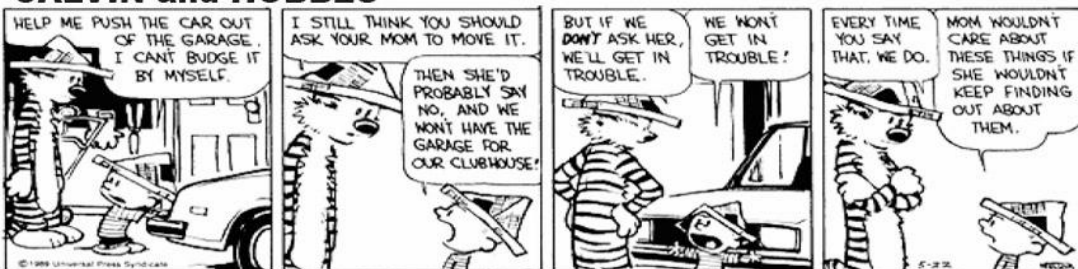
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ACROSS

1. Perplexed
5. Zodiacal symbol
9. Trudge
13. Escutcheon border
14. Actress June ____
16. Hindu princess
17. Approach
18. Worship
19. Greases
20. Yarn creator
23. Cartoon bear
24. Morsel
25. Free
28. Dutch philosopher
32. Bert and Rosa
33. Alternating chances
34. Roe
36. Mountain sacred to Buddhism
37. Prunes
38. Hitch
39. Maiden-name indicator
40. Ease
41. "____ Dreams" (Heart hit)
42. Salad greens
44. Specters
45. Decompose
46. Having wings
47. Kissing game
53. Shakes

DOWN

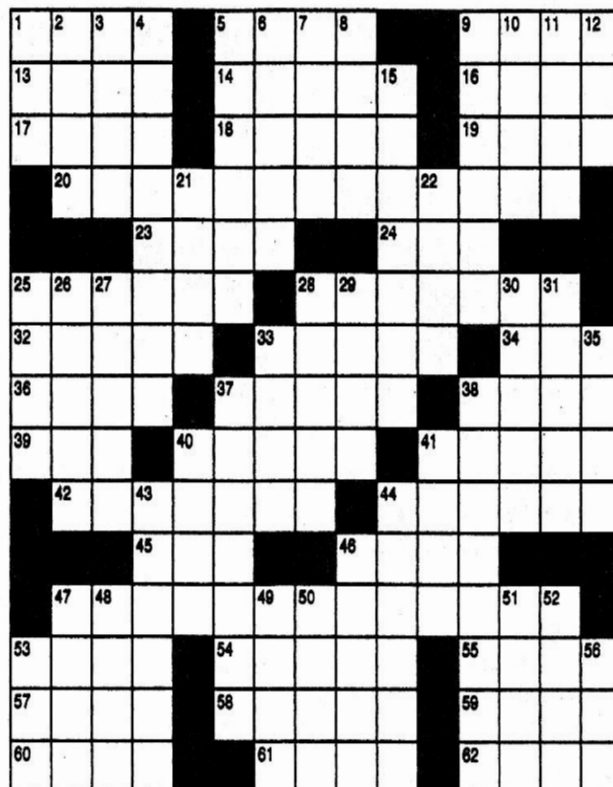
54. Viscounts' superiors
55. Composed
57. Diva Mills
58. Thin coins
59. Jamaican fruit
60. Marks
61. Indiana city
62. Despot
1. Welk's Champagne Lady Alice ____
2. Pay dirt
3. Insult
4. Soy marinade
5. Modify
6. Spokes
7. Stratford's river
8. Glacier breakaway, for short
9. Expeditiously
10. Anagram for nail
11. Exclusively
12. God of the underworld
15. Unites again
21. Strong ales
22. Certain fish-eaters
25. On top of
26. Calls
27. Move slowly
28. Twilled silk fabric

ACROSS

29. Victim
30. Regions
31. Sea captain's command
33. Gray-green mineral
35. Time spans
37. Braided
38. Quicker way
40. Prolific author? abbr.
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43. Flags
44. Slick
46. More skillful
47. Actress Gilbert of "Roseanne"
48. Goody-goody
49. Reagan's secretary of state
50. Columnist Bombeck
51. Dawdles
52. She, in Madrid
53. Spurt
56. Prerevolutionary Russian commune



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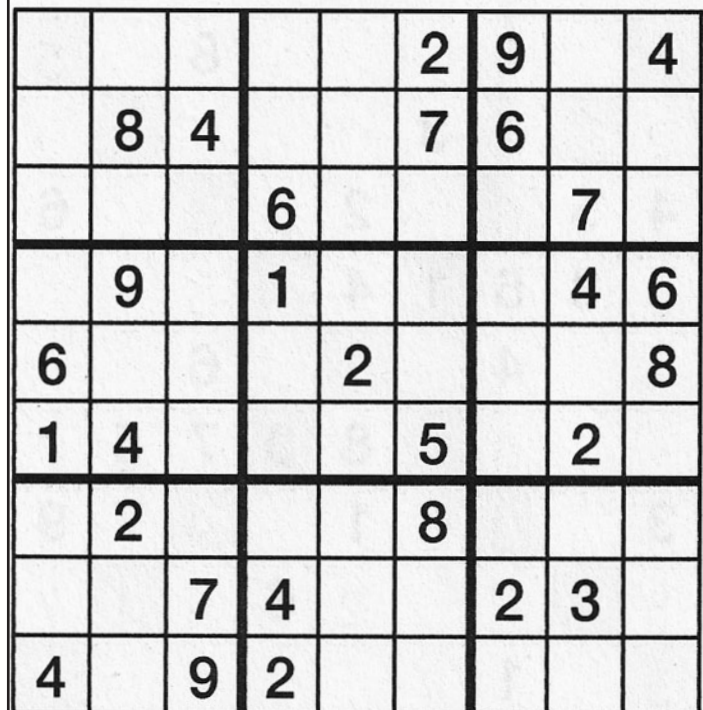
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9	8	2	1	6	7	2	9	8
6	9	7	8	2	8	1	2	9
2	2	8	9	9	6	8	7	1
8	6	1	7	2	2	8	9	9
9	7	9	8	8	1	2	6	2
8	2	8	6	7	9	5	1	2
2	1	9	2	8	9	7	8	6
4	9	6	2	1	8	9	2	8

Complete the grid so that every row and every column contains the numbers 1 through 9. A number is Never repeated in a row or column. In addition every rectangle must contain the numbers 1 through 9.

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A	R	I	S	E	A	N	I	M	A	T	I	O
T	E	A	R	A	G	S	L	E	N	D	S	
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S	O	U	N	D	C	O	A	S	T	P	E	P
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E	N	S	P	H	A	S	E	S	L	A	V	E
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T	O	R	Y	P	E	N	S	D	O	E	R	S

How top attorneys use free information to build high profit practices...

And how you can do the SAME with your business!

by Ken Varga



Hi, I am Ken Varga. I want to share with you some of the ideas, strategies, and principles that allowed me to build 35 businesses during my career.

By earnestly applying the ideas, you will learn how you too can build your business to success, while living an unhurried life, filled with family, friends, fun and a relaxed attitude.

Hi, and welcome. Again, thank you for allowing me into your home and taking the time to allow me to help you grow your business or practice.

I hope you spent some time this past week looking for ways you can educate your customers.

Here are some examples:

Almost every area of legal specialization offers prospective clients a free initial consultation with no strings attached.

Personal injury attorneys come to my mind first.

You come to them, they sit

you down, and for an hour they will go over your case and they'll tell you what they think your legal rights are.

They will help you decide what your options are and the best strategy to take.

You also have a choice... you don't have to use them. But 80% of the time, when attorneys give you an incredibly good, comprehensive, and objective education, you tend to be so connected to them, that you desire them to protect your interest and follow through for you.

So, attorneys in over 20 different specialties, use free education, free consultation, and free information as a key component to building very successful practices.

Any service business can do the same.

How about a Pizza business, or any Restaurant, deli, etc?

Why not educate your customer about the special dough you use in the imported "whatever", the special time needed to prepare the meal that other restaurants don't care about, etc.

Take your product and do the above analysis of it, and find ways to educate your customer about it.

I'm sure there was a night when you couldn't sleep and you turned on your TV and saw an infomercial for a product.

The key success factor in making an infomercial work is the level of demonstration and

education they incorporate in the show.

The more you tell, the more you sell.

If any of my readers are in the alternative health field, do not align yourself with other alternative health practitioners only.

Align yourself with established professionals. Chiropractors, massage therapists, Cosmetologists, Physical Therapists, etc., and demonstrate, educate, and explain the origins and processes of your therapy, and then allow perspective customers to try it free of risk.

It's really ironic, but after someone had paid up to \$10,000 to attend one of my seminars, between 25 to 45% of the participants would come to me at the end of the program and ask me to consult with them privately.

It astounds me that someone, after paying up to \$10,000, would seek out the trainer and ask him to consult with them privately.

I've asked myself, why?

The answer is because they want more. Education is the pathway to more business, and it's also the pathway to a deeper connection with you and the customer forever.

The bond you create with your customer when you educate them is such that they will become your greatest advocate.

When you educate and inform customers, that bond will be with them forever. That's because you thought so highly of them, that you wanted them to receive more of a benefit than they did when they purchased (or were thinking about purchasing) your product or service.

Once you give someone an education, human nature wants more.

And as you'll see, they will be coming back for more of your products or services.

Well, that's it for this tip.

In the next tip, I'm going to write about a concept that I use to create 5,000 new customers a year.

To your success,

Ken Varga
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Greece on target to tackle deficit

ATHENS (AFP) — Debt-stricken Greece claimed dramatic progress Monday in its quest to tackle overspending, with the budget deficit slashed 42 percent and the finance minister raising hopes the economy will do better.

Earlier this year the country was threatened with insolvency, sparking a eurozone debt crisis, but the ruling Socialists said Greece had turned a corner by tightening public finances, increasing tax revenue and improving efficiency.

"Today we are able to see our country's future with greater optimism. Greece is successfully escaping the reef of economic collapse," government spokesman George Petalotis told reporters.

Finance Minister George Papaconstantinou announced earlier that the country had

"met its goal" for the first six months of 2010 after central bank figures showed the budget deficit had been cut by almost 42 percent in that period.

Papaconstantinou also expressed optimism that the recession gripping the economy could be less serious than originally feared.

The budget shortfall in January-June came to 11.45 billion euros (14.3 billion dollars), down from 19.69 billion euros in the first half of 2009, according to the central bank.

In June alone, the budget deficit narrowed to 1.91 billion euros from 5.06 billion euros a year earlier.

Papaconstantinou said the budget deficit -- which covers central government spending -- amounted to 4.9 percent of

Gross Domestic Product in the first half of the year, a major step towards meeting EU fiscal rules.

Under EU rules, a member state is required to keep its public deficit -- central government spending plus welfare and local authority expenditure -- below three percent of GDP.

Papaconstantinou said the government would soon make public its estimate of the public deficit for the first half of the year.

"The goal for the year is to reduce the public deficit by 40 percent and we are doing better than that," he said, adding that he had "guarded optimism" on the implementation of tough austerity measures -- tax rises and public sector wage cuts -- aimed at shoring up the country's parlous public finances.

Have you had your breakfast today? The Old Fisherman offers breakfast with an Aruban twist



Linda and Ramon Pimienta with their son Raymond, at right

When Linda and Ramon Pimienta started their small business at the old wharf down town, little did they know that they had a goldmine when it comes to the perfect blend of international and local cuisine. Nowadays, they are located right behind the Royal Plaza Mall where they serve up a storm to visitors and locals alike. What is their secret? Offering high quality dishes at super prizes that fit anyone's budget.

For ten years The Old Fisherman has been serving local cuisine with an international twist for lunch and dinner and they have managed to stay on top by using high quality fresh ingredients. From their fish cakes with "funchi" (polenta) and "pan bati" nicely presented to soup of the day accompanied by delicious deserts.

Now they are serving you breakfast with an Aruban twist at bargain prizes.

Monica and Amarilis who have been with the company for ten years are ready to serve you with a smile.

Besides serving traditional breakfast dishes such as eggs sunny side up with ham and cheese, scrambled or plain they also serve pastechi horna (a small pie pocket with different fillings), crêpes, sweet crêpes and bagels with cream cheese, smoked salmon or boiled eggs.

If you want to really experience the Aruban twist you might want to try something from the local breakfast menu served on pan grandi (rama) or a baguette. You can try the delicious kerrie-kerrie (a typical Aruban flaked fish), conch, fish egg, shrimp, fish fillet, fish cake and the chicken soup or you can have fruit salad and yoghurt.

A perfect restaurant for all in the family.

Whatever your taste might



R-I, Monica and Amarilis with their fellow colleagues



be you are assured that at the Old Fisherman there is a dish

on the menu for you at breakfast, lunch and dinner.

Family day at Santa Rosa, a very animated event



Yesterday, Santa Rosa once again, had its popular family day. The event was very animated where families had a marvelous time eating local food and sweets and listening to typical Aruban music.

The kids enjoyed themselves with the different attractions organized especially for them, from the viewing of the different animals in the 'Cunucu di Chabelita' to savouring popcorn, cotton candy and raspao.

There were different

stands with experts to give visitors information on the different aspects of agriculture and husbandry. There were also different local plants, fruit plants and herbal trees as well as seeds, insecticides and fertilizer seed for sale.

Minister of Labor, Transport and Tourism Otmar Oduber was present to give information on the management of Santa Rosa.

Pictures give an impression of the animated affair.

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Newspapers look for ways to profit in Internet age



LONDON (AFP) – Newspapers worldwide are being forced to reinvent themselves for the Internet age -- and will be watching closely the success of two experiments launched in London, analysts say.

Suffering a long-term fall in sales and a collapse in advertising revenue as the world goes online for its news, the press has for years been scrambling to decide how to respond.

In Britain, Rupert Murdoch's Times and Sunday Times finally went ahead from Friday with their long-promised plan to start charging readers for online access to their journalism, the first non-specialist papers to do so here.

The move comes after the less expected news last week that London's city-wide daily, the Evening Standard, hopes to break even after turning itself into a freesheet for commuters, ditching its 50 pence cover price.

That decision cut the paper's distribution costs from 30 to four pence per copy, and sent readership soaring from just over half a million to 1.3 million, its new Russian owners said last week.

"The industry is still at a very early stage of this rapid evolution forced on it by digital technology," Karin von Abrams, a senior analyst at eMarketer, told AFP.

"The game clearly has changed for most old business models, but we don't yet know what the successful new ones are going to be."

For newspapers, one model to study is that of the freesheets.

The Metro, a free morning paper available at train stations and on public transport

in 16 British cities, is read by more than 3.5 million people every weekday, according to the National Readership Survey (NRS).

Owned by the Daily Mail and General Trust, it relies entirely on advertising revenue.

Over the past seven years it has consistently performed well, even making an operating profit through the worst of the economic crisis, to the envy of the traditional dailies.

More recently, the Evening Standard was a well-established but loss-making London evening paper until its new owner, Russian tycoon Alexander Lebedev, bought the paper in 2009 and turned it into a freesheet.

Access to commuters seems to be a key to the success of the free model.

The Metro, the Standard and the City AM, another successful but smaller London freesheet aimed at business people, are all handed out near tube and train stations.

This saves on costs. And with the demise of two free evening rivals last year, the morning and evening papers have something of a captive market. This, of course, appeals to advertisers.

"Giving away print works if the free circulation is relatively high and there is a good advertising base for the printed version.

"It is easier to gain advertising in print than online and the prices are higher," Professor Robert G. Picard, a media economics expert from Sweden's Jonkoping International Business School, told AFP.

Eventually though, analysts agree most newspapers will have to find a way of making money from their websites.

South African pilgrims bring vuvuzelas to pray

EBUHLINI MISSION, South Africa (AFP) – Barefoot and dressed in white, thousands of pilgrims gather on a hilltop overlooking Durban blowing on long metal "imbomu" tubes, forerunner of the vuvuzela.

Every year, faithful from the Nazareth Baptist Church make a pilgrimage to Ebuhlani Mission, where their church's founder Isaiah Shembe lived in the south-eastern part of the country.

Pilgrims will make the journey over the course of July to walk along the dirt roads of the poor settlement that lies within sight of Durban's World Cup stadium.

This year's pilgrimage is especially poignant, coming as the church is finalising a deal with the manufacturer of the plastic vuvuzela trumpets that now symbolise South Africa's World Cup.

Under the agreement, Shembe will be recognised as the inventor of the vuvuzela, an instrument his followers say he created a century ago using antelope horns.

"We saw Bill Clinton blowing in a vuvuzela in a stadium. It makes us very proud. It is good for the church," said Enoch Thembu, spokesman for the evangelical church which claims 5.2 million followers across southern Africa.

The pilgrimage in their holy month of July is far removed from the World Cup celebrations in Durban, where surfers and bikini-clad fans watch games on jumbo screens on the beach to the relentless hum of vuvuzelas -- a noise seen either as joyous or maddening.

In this settlement, the sound is harmonious.

"It's all in the blowing," explained Thembu.

"We don't blow it for 90 minutes when it is a soccer game. You have to stop and you sing. Then you give the op-



People from an indigenous church in South Africa known locally as Shembe performing with their spiritual tin-made trumpets called "imbomu" during a marriage ceremony in the village of Inanda

ponents the time to play their song. It must entertain people, not irritate them," he said.

To the sound of hymns accompanied by imbomus, the pilgrims known simply as the Shembe enter a field dominated by the statue of their founder, considered an African Messiah.

Men with walking sticks and women in traditional hats or white veils erupt into cheers at the mere glimpse of one of Shembe's descendants behind a window.

Mixing Christianity and African traditions, the Shembe base their beliefs on the Old Testament. They practise polygamy, and they

avoid pork.

The village's shops sell leopard skins and springbok tails, elements of traditional dress. Sex is forbidden during the pilgrimage, as is medication. Any ailments are treated with prayers, water and Vaseline.

Before entering, the faithful must purify themselves by donating a small amount of money.

Despite their traditional beliefs, the Shembe have big ambitions for their newly recognised claim to the vuvuzela.

They want to claim intellectual property rights to the instrument and cash in on its manufacturing.

"Our aim is to make jobs for South African workers and to generate some income for the church to look after the widows, the orphans and the destitute people," Thembu said.

According to him, South African firm Masincedane Sport made at least 60 million plastic vuvuzelas before the World Cup, and the Shembe want at least a small slice of that pie.

"We have to give a job to all these people," Thembu said.

George Clooney to testify at Milan fraud trial

MILAN (AFP) - George Clooney stars in a real-life courtroom drama on July 16 when he appears at the trial of three people accused of usurping his name for a fashion label, a judge said on Monday.

The 49-year-old Hollywood heart-throb is to testify as a civil plaintiff at the trial in the Italian business and fashion capital Milan, judge

Pietro Caccialanza said, the ANSA news agency reported.

ANSA did not release the names of the accused, but the case goes back to April 2008 when the trio -- accused of fraud, forgery and possession of stolen goods -- were organising a fashion show in a Milan hotel.

Clooney's lawyer Grazia Maria Mantelli confirmed that her client will be in court.

Mauer heads voting for baseball's All-Star Game



Joe Mauer

NEW YORK (AFP) – No-hit hurlers Ubaldo Jimenez and Roy Halladay lead a formidable National League staff for baseball's All-Star Game, but Nationals rookie Stephen Strasburg didn't get a nod.

In this season of sensational pitching, it was American League Most Valuable Player catcher Joe Mauer who received the most votes in fan balloting for the July 13th mid-season showcase in Anaheim, California.

Albert Pujols earned the most votes in the National League.

In the closest voting, the New York Mets' David Wright overtook the Phillies' Placido Polanco in the last week to claim the National League starting spot at third base.

Strasburg's 100 mph fast-

ball has captivated fans around baseball since the Washington Nationals called the right-hander up from the minor leagues on June 8.

But National League manager Charlie Manuel said he would like to see 21-year-old settle into his role as an ace before appearing in the All-Star game.

"He got quite a bit of consideration," Philadelphia's Manuel told TBS during the selection show. "He is going to be an All-Star for a long time. What does he have, five starts? I just felt there are other guys who have started 18 to 20 games. I just felt leave him alone and let him get used to the major league level."

Halladay pitched a perfect game in his first season with the Phillies, while Jimenez

had one of the four no-hitters so far this year as he got off to an impressive 14-1 start for Colorado.

Halladay's teammate Chase Utley was voted as the starting second baseman for the NL, but he is out with an injured right thumb. He will be replaced in the lineup by Atlanta's Martin Prado.

The other NL starters are: Cardinals catcher Yadier Molina, Marlins shortstop Hanley Ramirez, and Milwaukee's Ryan Braun, Los Angeles' Andre Ethier and Atlanta's Jayson Heyward in the outfield.

In the American League, Mauer is joined by Minnesota Twins teammate Justin Morneau at first base.

The other AL starters are Yankees second baseman Robinson Cano and shortstop Derek Jeter, Tampa Bay third baseman Evan Longoria, Texas designated hitter Vladimir Guerrero, and Texas' Josh Hamilton, Seattle's Ichiro Suzuki and Tampa Bay's Carl Crawford in the outfield.

Yankees manager Joe Girardi made several difficult decisions in completing his AL squad. He left off Andy Pettitte and took teammate CC Sabathia, both 10-game winners, and selected Yankees slugger Alex Rodriguez, who only has a dozen home runs but 61 RBIs.



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Chavanel in yellow after second stage win



France's Sylvain Chavanel celebrates on the finish line as he wins the 201 km and second stage

SPA (AFP) - Frenchman Sylvain Chavanel claimed the leader's yellow jersey at the Tour de France Monday after

a gutsy ride in a second stage that witnessed a number of high-profile crashes.

Chavanel was part of an eight-man breakaway which formed in the early stages of the 201km ride from Brussels to the hilly Belgian Ardennes, and was left to go alone for the final 19.5km after Belgian Jurgen Roelandts ran out of steam.

It was in Chavanel's wake, however, that the real race drama unfolded.

For the second day running a number of crashes caused panic in the peloton, one of which took down several yellow jersey favourites including Lance Armstrong and Andy Schleck.

Chavanel now leads Cancellara by 2min 57sec in the overall standings, with German Tony Martin of HTC-Columbia a further 10secs behind.

Seven-time champion Armstrong moved one place down to fifth, at 3:19 behind Chavanel, with reigning yellow jersey champion Alberto Contador in seventh at 3:24.

French minister expects Armstrong probe to go

BRUSSELS, - Lance Armstrong will have the backing of France's minister for health and sport, Roselyne Bachelot, until it has been proven that the American used banned products.

However Bachelot said she expected US federal officials, who are currently probing whether Armstrong's former team, US Postal, defrauded their sponsors by using performance-enhancing products, to take the investigation all the way.

Seven-time champion Armstrong is racing his final Tour de France campaign this month amid a series of damaging doping allegations from former teammate Floyd

Landis.

Landis, a former member of US Postal, won the Tour in 2006 while riding for Phonak, only to be stripped of the title after testing positive for testosterone.

Having consistently claimed his innocence for years, the American -- who no longer competes and is financially ruined -- finally confessed to doping last month.

But in a bid to "clear his conscience", he took his claims much further.

Landis said Armstrong and several other Americans, including George Hincapie, used banned doping products or methods while with US Postal.

Rose hangs on for \$6.2m golf win

NEWTOWN SQUARE, Pennsylvania (AFP) – Justin Rose staked a claim to being the world's hottest golfer when he won the 6.2 million-dollar AT&T National on Sunday.

Rose recovered from consecutive three-putts early on the back nine, paring the final seven holes to secure a hard-fought one-stroke victory over American Ryan Moore on a sizzling hot day at Aronimink.

The 29-year-old Englishman tapped in from two feet at the final hole to clinch his second victory in three starts,



after winning the Memorial tournament last month.

Rose also led into the final round in Hartford last week, so he quite easily could have posted a hat-trick of victories.

He received 1,116,000-

dollar first prize, along with a late exemption into next week's British Open at St Andrews, where he was the first alternate five years ago but did not get to play.

"Having not closed out for me last week, it was important for me to do it today," Rose said after carding 70 to finish at 10-under-par 270, while fast-finishing Moore shot 65 for nine-under, sinking a 12-footer at the last that kept the pressure on his rival.

Tiger Woods finished 14 strokes behind, equal 46th, failing to break par in all four rounds for the first time in a regular PGA Tour event since 1999.

But Woods' woes were of no concern to Rose, who continued: "I felt I put into play the lessons I learned at Hartford. I didn't feel the nerves got the better of me."

"I had it going nicely on the front nine and then it probably got closer than it should have with two slack three-putts on 10 and 11."




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Pique: We must be more ruthless



Nicknamed 'Piquenbauer' in his homeland in honour of the legendary German sweeper Franz Beckenbauer, Barcelona and Spain's classy centre-back Gerard Pique has already done plenty to justify such comparisons. At the tender age of 23, the 6'3" defender has UEFA Champions League winners' medals from his time at Manchester United and Barça, while he has been an integral part of La Roja's run to the semi-finals at the 2010 FIFA World Cup South Africa™.

Indeed, never before have Spain appeared in the semi-finals at the global showpiece, though such was the narrow nature of their 1-0 last-eight win over Paraguay that the achievement took some time to sink in. "Everyone's still looking quite tense because it was a really tough game," Pique told FIFA.com.

"Paraguay made life very difficult for us. They kept things very tight at the back, had a few chances and even a penalty. But from that point on I think we controlled the game, created opportunities of our own and, despite also missing a penalty, we managed to grab a goal and win the game."

La Albirroja strike pair Oscar Cardozo and Nelson Valdez were a constant threat to Pique and his fellow defenders, with the usually unflappable Barcelona man put off

his stride to the point of giving away a penalty for a foul on the rangy Benfica hitman. Fortunately for him, Spain captain Iker Casillas was up to the task of saving Cardozo's tame spot-kick.

"He was brilliant today, the man of the match," said a clearly relieved Pique, who left Barcelona's youth system to join United, before returning to the Camp Nou in summer 2008. "Iker saved the penalty and made two fantastic saves later on. It's a real privilege having him in the side; you know he'll always come to your rescue."

Our objective is to win the Trophy and we'll go home with a sour taste in our mouths if we fall short. Gerard Pique

Lying in wait for Vicente del Bosque's charges are a red-hot Germany side, beaten by Spain in the final of UEFA EURO 2008, but who are buoyed by 4-1 and 4-0 knockout victories over England and Argentina respectively.

"They are a great team with wonderful players," said Pique of his side's opponents on 7 July at the Durban Stadium. "It's going to be very tough to stop them because they're in form and will be hugely confident after emphatic wins over England and Argentina. But we're looking good too and we've proved that we're solid at the back after not conceding in our last two games."

"It'll be a very difficult match," continued Pique, when the question of Die Nationalmannschaft seeking revenge for that continental reverse came up. "There are new players on both sides, such as myself, who didn't play in the final of EURO 2008. So I'm sure this'll be a

very different game but we'll be doing our best to win again."

Scorer of the winning goal in the teams' European title decider two summers ago was Fernando Torres. With El Niño yet to score at South Africa, Pique was quick to back the Liverpool striker to come good: "He's definitely going to score at this World Cup. Let's hope he gets off the mark in the semis."

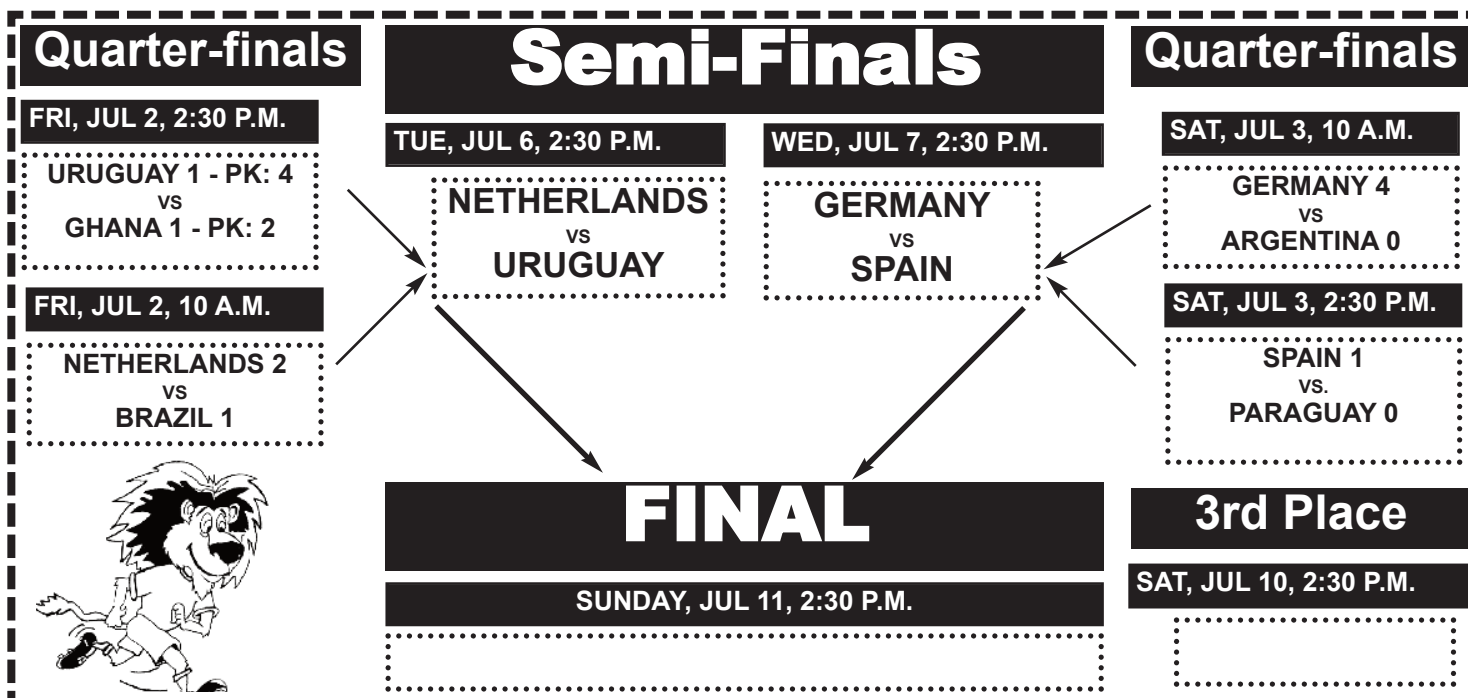
One player having no trouble finding the net is David Villa, set to be an Azulgrana team-mate of Pique in 2010/11, who has scored five of Spain's six goals at the finals on South African soil. "When a striker is on form then everything seems to go in," said Pique of El Guaje's 83rd-minute winner against La Albirroja. "The Paraguay game was a clear example. The ball hit both posts before going in, whereas on another day it might have bounced back out again."

Yet despite boasting the tournament's top scorer and having safely negotiated their way into the last four, Pique

still feels Spain have plenty of work still to do. "We need to start controlling games better. There are periods in games when we're under the cosh and that's when we struggle."

"We also need to be more clinical in front of goal. We're finding it really hard to score and are winning games by just one goal. We need our attackers to be more ruthless, we need to score more goals," said a player who has literally put his body on the line for the cause during this tournament. Indeed, having needed stitches for a gash received in the melee leading to Switzerland's winner in Spain's Group H opener, he burst his lip in a clash with an opposing forward in the very next game against Honduras.

Not that he will mind another couple of scars should La Roja go all the way to a first ever FIFA World Cup crown. "Our aim is to keep making history," he said as the interview concluded. "Our objective is to win the Trophy and we'll go home with a sour taste in our mouths if we fall short."



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Nigeria lifts ban on national team

ABUJA (AFP) - Nigeria's government on Monday lifted a two-year ban it imposed last week on its national football team after a dismal World Cup showing, just ahead of a FIFA deadline to do so, a presidential source said.

"The government has reversed the decision," the source told AFP. A formal announcement was expected later.

Nigeria last Wednesday slapped a two-year ban from international competition on the squad after the traditional African powerhouse finished bottom of their group in South Africa with just one point from three matches.

President Goodluck Jonathan also ordered an audit into how the funds allocated for the team at the World Cup were used.

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Van Marwijk keeps focus on Uruguay

On the eve of the Netherlands' FIFA World Cup™ semi-final, Dutch coach Bert van Marwijk insisted he is focused solely on beating Uruguay today and dismissed any talk about the Final as premature.

The Dutch last reached a FIFA World Cup Final in 1978 and are overwhelming favourites to beat the South Americans at Cape Town's Green Point Stadium to book their berth at Johannesburg's Soccer City for Sunday's Final. But van Marwijk balked when asked if his side are set to fulfill their potential by winning a first FIFA World Cup title.

"I really don't want to talk about the Final," he said. "I have been hearing this talk much too often, first we have to play a semi-final. I have immense respect for what players in the past have achieved for the Netherlands, but I didn't come to this tournament to wring my hands at reaching the Final. That isn't enough, we have come here to win the Final. We have come here for the ultimate prize, that is our goal and we will only enjoy this tournament if we win it."

The Netherlands have not always produced their trademark flowing football in South Africa, but Van Marwijk says he has insisted his team concentrate on results and show no sign of the arrogance they may have displayed in the past.

"I can't change a culture, but I have worked hard to create an environment to make the players realise that if you want to achieve something in a tournament, you need to focus solely on the next match and not think ahead. When we do well, we tend to get a bit arrogant after we have won a game, but the players have really understood that and it has been the basis of our preparation

against Uruguay."

I can't change a culture, but I have worked hard to create an environment to make the players realise that if you want to achieve something in a tournament, you need to focus solely on the next match and not think ahead. Bert van Marwijk, Netherlands coach

The Dutch are widely tipped to make their third appearance in a FIFA World Cup Final, but van Marwijk is wary of Uruguay. "They are a very dangerous team," he said of Oscar Tabarez's side. "At the start of the tournament, I used them as example of a passionate side and it

is not for nothing that they have come this far."

While the Netherlands were the underdogs before their 2-1 quarter-final win over Brazil, Van Marwijk says he has no problems being the favourites against Uruguay, but will pay the tag little attention. "In the group phase, we were always the favourite, never the underdog," he said.

"Against Brazil, it was the other way around, I don't really have an opinion on that, we just want to concentrate on ourselves. We don't want to be misled or distracted by people thinking we are the favourites."



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